

PREAMBLE

Understanding our children's welfare to be our first consideration, we have joined together to create an atmosphere of friendly competition and personal satisfaction for our swimmers. The design and management of our league will stress individual challenge, measurements, and improvement in a sportsmanlike fashion that will enhance the child's satisfaction in himself and his team. Because the rewards to neighborhoods, clubs, families, and coaches are secondary to the swimmers satisfaction, it shall be a commitment from all involved to be sure all competition is conducted with the highest level of virtues of clean competition and sportsmanship. With these ideals foremost in our minds, we form the Capital City Summer League (CCSL).

TABLE OF CONTENTS

I.	STATEMENT OF PURPOSE	page 2
II.	DESCRIPTION OF THE LEAGUE	page 2
III.	LEAGUE OFFICIALS	page 2
IV.	FEES AND ASSESSMENTS	page 3
V.	ELIGIBILITY	page 3
VI.	CONDUCT OF SWIM MEETS	page 3
VII.	SCORING RULES	page 5
VIII.	SCHEDULE OF EVENTS	page 6

Appendix A IN-SEASON MEET GUIDE

- Section I (GENERAL PREPARATIONS FOR THE SEASON)
- Section II (SPECIFIC PREPARATIONS FOR HOME TEAMS)
- Section III (SPECIFIC PREPARATIONS FOR VISITING TEAMS)
- Section IV (JOB DESCRIPTIONS FOR VOLUNTEERS)

Appendix B EVENT LIST FOR IN-SEASON SWIM MEETS

Appendix C CHAMPIONSHIP GUIDE

- Section I (GUIDELINES)
- Section II (JOB DESCRIPTIONS)

Appendix D EVENT LIST FOR THE CHAMPIONSHIP MEET

Appendix E DISQUALIFICATION REPORT (DQ SLIP)

Appendix F TEAM INFORMATION

Appendix G 2009 MEET SCHEDULE

I. STATEMENT OF PURPOSE

The Capital City Summer League shall operate organized swimming competitions for the benefit of the young swimmers involved. It shall maintain a summer league program of competitive swimming which shall be designed to allow the participating children to learn how best to seek the personal rewards offered by participation in the sport, team spirit, personal challenge, measured growth of their strengths and satisfaction of accomplishment without having been subjected to destructive pressures. To learn how to think and act in a sportsmanlike fashion; to belong to a team and to enjoy the experience of competitive swimming. All competition shall be conducted on the highest level and every adult associated with the program should emphasize by word and action the virtues of clean competition and sportsmanship.

II. DESCRIPTION OF THE LEAGUE

A. The league shall be called Capital City Summer League (CCSL).

B. Members of the league shall be:

- Circle C Ranch (CCR)
- Courtyard (CYTC)
- Hays Swim Club @ Plum Creek (HSC)
- Granada Hills/Western Oaks (GHWO)
- Belterra (BEL)
- Jewish Community Association of Austin (JCC)
- Shady Hollow (SH)
- South Austin Area Barracudas (SAAB)
- Travis Country (TC)

C. Maximum team membership shall be 10 teams per division if more divisions are added. Members may be added or removed if approved by a two-thirds vote of all league board members.

D. Each member club shall appoint a voting member League Representative and an alternate. Each member team shall have one vote.

E. Amendments to these bylaws may be made before the beginning of the summer swim season by a two-thirds vote of the Board. During the summer swim season, amendments will only be made by a unanimous agreement of all voting members.

III. LEAGUE OFFICIALS

A. Officers of the League shall be: President, Vice-President, Secretary, Treasurer, Awards Chairman, and Head Meet Director. Six team positions will rotate on two year terms:

1. President -- GHWO
2. Vice President -- SH
3. Secretary -- TC
4. Treasurer -- JCC
5. Awards -- CC
6. Head Meet Director -- SAAB

Board officer positions will rotate in ascending order, with Hays to assume the next #6 position, followed by CTYD, then BEL.

B. Each officer shall be a parent representative of a different team and may vote. Coaches may not vote for absent Board Members during league business, but coaches may attend league meetings.

C. The President shall preside over all business meetings of the league and have all the powers normally delegated to such office.

D. The Vice-President shall conduct business for the league as requested by the President, chair the Bylaws Committee, maintain an up-to-date copy of the bylaws and meet guides, and conduct investigations of formal protests. The Vice-President shall maintain an up-to-date-copy of league records.

E. The Treasurer shall care for and record all fees and assessments and provide a detailed accounting of all funds.

F. The Secretary shall take the minutes of any meetings and send a copy to each team representative in the league. Additionally the Secretary will keep and maintain a current email distribution list for the League.

G. The Awards Chairman will order sufficient ribbons for all teams for the entire season. The Awards Chairman will also order awards for the Championship Meet to include ribbons, medals, tee-shirts, and trophies.

H. The Head Meet Director shall act as arbitrator for any questions or conflicts concerning eligibility and sportsmanship. The Head Meet Director shall organize the meet officials Stroke and Turn Clinic and assure that each team understands League bylaws and USA Swimming rule book as it pertains to stroke and turn judging. The Head Meet Director shall serve as Championship Meet Director and ensure that necessary supplies including DQ slips are ordered for the Championship Meet.

IV. FEES AND ASSESSMENTS

A. An annual league membership fee will be determined based on the expenses associated with awards, the championship meet and insurance. Fees are assessed on a per registered swimmer basis. The fees are to be paid to the League Treasurer by May 1. Money for additional swimmers must be paid to the Treasurer 14 days prior to Championships.

V. ELIGIBILITY

A. No ineligible swimmer shall compete in any league meet.

B. A swimmer's age on May 1st (the age-up date) of the current swim season will fix the age-group level at which he or she may compete during the season.

C. A swimmer must be age 18 years or younger on May 1st of the current swim season; OR a currently enrolled high school Senior on May 1st of the current swim season.

D. All age-groups are defined as being open to swimmers of that age-group or any swimmer of a younger age.

E. Swimmers shall score only against members of their own sex.

VI. CONDUCT OF SWIM MEETS

A. Before the season begins, the league board shall establish a swim meet guide and a schedule of meets for the season, consisting of in-season meets and the Championship meet. Each team that elects to host in-season, neighborhood meets shall be entitled to host up to three such home meets per season.

B. "In-season" swim meets occur during the summer season before the Championship Meet. In-season meets are normally held at community, club, school, park, or city pools. All meets will have a home team and one or more visiting teams participating. The "Championship Meet" (or Champs) is held at the end of the summer season with all of the league's teams participating.

C. If a meet is canceled due to inclement weather, it may be rescheduled by mutual agreement of the participating teams. A rescheduled meet must be held prior to the Championship Meet. A meet in progress canceled for inclement weather and rescheduled shall start at the point at which the original meet stopped. If a meet is canceled by the Home Meet Director for any reason, the leader after half of the day's events have been completed is considered to be the winner. If fewer than half the day's events have been completed, there is no declared winner.

D. During in-season meets the Home Team shall provide:

- Home Team Meet Director
- Official Coach for the Home Team
- Head Timer
- Nine (9) Timers
- Starter: the combination strobe light/horn system will be used for all starts. A back-up starter system will be available, if possible
- Sufficient Lifeguard coverage
- Three (3) Stroke & Turn Judges
- Two (2) Ready Bench Volunteers
- Three (3) Scoring and Awards Officials (including heat ribbon distribution)
- Computer Operator
- Two (2) Runners
- Announcer (optional)

E. During in-season meets the Visiting Team should provide: (The Home Meet Director will coordinate in advance with visiting teams to adjust this list if necessary, especially during multi-team meets.)

- Visiting Team Meet Director
- Official Coach for Visiting Team
- Nine (9) Timers
- Three (3) Stroke & Turn Judges
- Two (2) Ready Bench Volunteers
- Three (3) Scoring and Awards Officials (including heat ribbon distribution)
- Computer Operator
- Two (2) Runners

F. Backstroke flags will be provided and placed approximately five yards or five meters from the ends of the pool.

G. Provisions should be made by the home team to keep spectators at a reasonably safe distance from the pool so that meet officials can perform their duties. The Meet Director shall determine which areas are restricted to swimmers and meet officials.

H. During In-Season Meets, teams are not restricted as to the number of competitors in each individual event. The number of competitors in relay events will be at the discretion of the Home Meet Director, based on lane availability and pool time constraints.

I. Official watch times will be used to place the swimmers in order of finish. Three watches will be provided for each lane. A head timer will start two watches at each race for back-up, in case a lane timer's watch malfunctions. If electronic timing is available, the electronic time takes precedent.

J. The following are meet entry rules:

1. Event Eligibility: For In-season meets and the Championship meet, swimmers may be entered in three (3) different individual events and two (2) different relay events. Swimmers may “swim up” in age-group but not down. Swimmers may not swim in the same event in two different age groups. For example, a 9-year-old girl may swim in both the 9 – 10 girls freestyle and 11 – 12 girls backstroke. She may not swim in the 9 – 10 girls freestyle and the 11 -12 girls freestyle. She may swim in both the 9 – 10 girls freestyle relay and the 11 – 12 girls medley relay. She may not swim in the 9 – 10 girls freestyle relay and the 11 – 12 girls freestyle relay.
2. Championship Eligibility: Swimmers shall have at least one (1) legal recorded time per individual event they wish to enter at Championships. A legal recorded time is a legal swim (no DQ) of a specific individual event, swum during the current season at a regularly scheduled in-season CCSL Meet (not a “fun meet”, out-of-league meet, or time trials). Teams may not enter “relay-only” swimmers at the Championship Meet.
3. For in-season neighborhood meets, the entry list (see Appendix B) data file is due to the home team computer operator no later than 2 pm THURSDAY prior to the weekend’s meet.
4. After the Home Team Computer Operator has received the entries from all participating teams the heatsheet will be compiled. The compiled heatsheet will be made available for review by the participating Meet Directors and/or designated representatives. After a reasonable amount of review time the Home Meet Director will declare the heatsheet final. Once the heatsheet has been finalized the documents for the meet (lane/timer sheets) will be printed. There will be NO late entries or deck entries after the heatsheet has been finalized, except in the event of computer operator error and only with permission of the Home Meet Director.
5. The Home Team Computer Operator will electronically post the heatsheet by 5 pm on the day before the meet.
6. Each participating team will be responsible informing their team's parents and volunteers about the availability and location of the heatsheet.
7. Each participating team will be responsible for providing their own printed copies of the heatsheet.

VII. SCORING RULES

- A. When the lane/timer sheets arrive from the runners, the Scoring Officials determine the official time using the following guidelines:
 1. When two of the three times agree, that is the official time.
 2. If all three times are different, the middle time is used. Exception: if one of the three times is more than one second away from the other two, it is disregarded and the remaining two times will be averaged.
 3. If only two times are available, they will be averaged.
- B. Points will be awarded on the following basis:

1. In-Season Meets:

Individual Events

1st -- 7 points
 2nd -- 5 points
 3rd -- 4 points
 4th -- 3 points
 5th -- 2 points
 6th -- 1 point

Relays

1st -- 14 points
 2nd -- 8 points
 3rd -- 0 points

During in-season meets, each team may only score three (3) swimmers per individual event and one (1) relay team per relay event. Ribbons will be awarded to the top six (6) swimmers in individual events and the top three (3) relay teams regardless of score.

2. Championship Meet:

Individual Events

1st -- 12 points
 2nd -- 10 points
 3rd -- 9 points
 4th -- 8 points
 5th -- 7 points
 6th -- 6 points
 7th -- 5 points
 8th -- 4 points
 9th -- 3 points
 10th -- 2 points
 11th -- 1 point

Relays

1st -- 24 points
 2nd -- 20 points
 3rd -- 18 points
 4th -- 16 points
 5th -- 14 points
 6th -- 12 points
 7th -- 10 points
 8th -- 8 points
 9th -- 6 points
 10th -- 4 points
 11th -- 2 points

During the Championship Meet, medals will be given to the top 3 places in individual events and first place for relay events. Individual event winners will also receive a tee-shirt. Individual event places 4 through 11 will receive ribbons. Relay event places 2 and 3 will receive ribbons.

C. An individual or relay team swimming unopposed is eligible to receive awards and score points.

D. In case of a tie, the points for the place tied and the following place(s) are added together and divided equally between the competitors.

E. USA Swimming disqualification (DQ) rules apply to all meets. False starts observed by the assigned stroke and turn judges will result in a DQ. The severity of enforcement will exist within a framework of growth and inclusion and education.

F. Age Groups for Individual Events shall be:

In-Season Neighborhood Meets

6 and under
 8 and under (7 and 8)
 10 and under (9 and 10)
 12 and under (11 and 12)
 14 and under (13 and 14)
 18 and under (15 through 18)

Championship Meet

6 and under
 7 and under (7)
 8 and under (8)
 9 and under (9)
 10 and under (10)
 11 and under (11)
 12 and under (12)

- 14 and under (13 and 14)
- 16 and under (15 and 16)
- 18 and under (17 and 18)

G. Age Groups for Relay Events shall be:

In-Season Neighborhood Meets

- 6 and under (Freestyle Only)
- 8 and under (7 and 8)
- 10 and under (9 and 10)
- 12 and under (11 and 12)
- 14 and under (13 and 14)
- 18 and under (15 through 18)

Championship Meet

- 6 and under (Freestyle Only)
- 8 and under (7 and 8)
- 10 and under (9 and 10)
- 12 and under (11 and 12)
- 14 and under (13 and 14)
- 18 and under (15 through 18)

VIII. SCHEDULE OF EVENTS

A. The events will be held in the order specified, with the girls event first and then the boys event, starting with the youngest age group first. Odd-numbered events are girl’s events and even-numbered events are boy’s events. Individual Events will seeded by time, gender, and length but not age.

B. Order of Events:

1. Individual Medley
2. Freestyle Relay
3. Backstroke
4. Freestyle
5. Medley Relay
6. Breaststroke
7. Butterfly

C. The lists of events, (Appendix B for In-season meets, Appendix D for the Championship Meet.) will be used for the summer league season. These events lists will provide for more standardized swim meets, therefore, increasing efficiencies and expectations. However, by mutual consent of Meet Directors, modified meets may be scheduled with different formats.